

A WIDER CIRCLE'S WARD 8 HUB

400 Atlantic Street SE (Entrance on Condon Terrace) (202) 891-7894
ward8hub@awidercircle.org

Weekly Programming

MON	TUE	WED	THU	FRI
9:30 AM - Walking Club 1:00 PM - Art Therapy	11:30 AM - Talk it Out Tuesday-Group Mental Health Session	10:30 AM - Job Cafe 12:00 PM - Wellness Wednesday-Healthy Lifestyle Choices	10:00 AM - Coffee & Conversation 11:00 AM - Highland Recovery Group 12:00 PM - Hand Dance Class	OFFICE CLOSED TO THE PUBLIC

Upcoming Events

Date	Upcoming Events
10/17/25	Highland Dwellings Resident Council Meeting - 662 Atlantic Street SE - 2:00 pm
10/21/25	Documentary viewing & lunch - Super Size Me - 11:30 am - 1:00 pm
10/23/25	Ward 8 Hub Closed - Recovery group will be held at Highland Residential Community Center - 662 Atlantic Street SE - 10:00 am - 12:00 pm
10/25/25	Halloween Costume Giveaway (children must be present) - 11:00 am - 1:00 pm
10/27/25	Breast Cancer Awareness Walk (final walking club of 2025) - 9:30 am - 10:30 am
10/30/25	Sweet Treats at the Ward 8 Hub - stop by for some Halloween Treats - 12:00 pm - 2:00 pm
11/18/25	Documentary viewing & lunch - Crummell School: Heart and Soul of the Community - 11:30 am - 1:00 pm
11/19/25	Self-care workshop presented by Jen Tidwell - 12:00 pm - 1:30 pm
11/21/25	Highland Dwellings Resident Council Meeting - 662 Atlantic Street SE - 2:00 pm
12/10/25	Clothing Giveaway - please bring a bag - 10:00 am - 1:00 pm
12/17/25	Self-care workshop presented by Jen Tidwell - 12:00 pm - 1:30 pm
12/19/25	Highland Dwellings Resident Council Meeting - 662 Atlantic Street SE - 2:00 pm

Ongoing Resources

Resource	Info	Contact Info
Mental Health Services	In person or online individual or family sessions for DC residents. No insurance needed.	eameen@awidercircle.org (301) 830-7007
Career Support Services	Career Support staff are at the Hub on Mondays and Wednesdays.	careersupport@awidercircle.org (301) 608-3504