

400 Atlantic Street SE (Entrance on Condon Terrace) (202) 891-7894 ward8hub@awidercircle.org

## **Weekly Programming**

MON	TUE	WED	THU	FRI
1:00 PM-Art Therapy-Materials are provided.	11:30 AM - Talk it Out Tuesday- Group Mental Health Session	10:30 AM - Job Cafe  12:00 PM - Wellness Wednesday- Healthy Lifestyle Choices	10:00 AM - Coffee & Conversation 11:00 AM - Highland Recovery Group 12:00 PM - Hand Dance Class	OFFICE CLOSED TO THE PUBLIC

## **Upcoming Events**

Date	Upcoming Events		
3/25/25	Special Talk it Out Tuesday: Chocolate City Documentary & Lunch - 11:30 am		
4/1/25	Worker's Rights Training - DC Jobs with Justice - 12:00 pm - 1:00 pm		
4/2/25	Women' Health Workshop presented by C3 Cares - 12:00 pm - 1:00 pm		
4/8/25	Children's Clothing Giveaway - 10:00 am - 2:00 pm - PLEASE BRING A BAG		
4/9/25	Food Allergy Education & Resources presented by Food Allergy Research & Education (FARE) - 12:00 pm - 1:00 pm		
4/24/25	CLOSED FOR PROFESSIONAL DEVELOPMENT		
5/8/25	HUB CLOSED - Recovery Group will take place at Highland Dwellings Community Center 662 Atlantic Street SE- 11:00 am - 12:00 pm		
5/17/25	Clothing Giveaway - 10:00 am - 1:00 pm - PLEASE BRING A BAG		
6/14/25	Senior Prom ages 40+ - 3:00 pm - 7:00 pm - Highland Dwellings Community Center 662 Atlantic Street SE		

## **Ongoing Resources**

Resource	Info	Contact Info
Mental Health Services	In person or online individual or family sessions for DC residents. No insurance needed.	eameen@awidercircle.org
Career Support Services	Career Support staff are at the Hub on Mondays and Wednesdays.	careersupport@ awidercircle.org (301) 608-3504