

# A WIDER CIRCLE'S WARD 8 HUB

400 Atlantic Street SE (Entrance on Condon Terrace) (202) 891-7894  
ward8hub@awidercircle.org

## Weekly Programming

MON	TUE	WED	THU	FRI
9:30 AM - Walking Club  1:00 PM - Art Therapy  2:00 PM - Tech Support Hour - through June 2025 (not available 6/9)	11:30 AM - Talk it Out Tuesday-Group Mental Health Session	10:30 AM - Job Cafe  12:00 PM - Wellness Wednesday-Healthy Lifestyle Choices	10:00 AM - Coffee & Conversation  10:00 AM - 2:00 PM - C3 Cares - Blood pressure screening and sexual health education  11:00 AM - Highland Recovery Group  12:00 PM - Hand Dance Class	OFFICE CLOSED TO THE PUBLIC

## Upcoming Events

Date	Upcoming Events
6/28/25	Senior Prom ages 40+ - Highland Dwellings Community Center 662 Atlantic Street SE - 4:00 pm - 7:00 pm
6/30/25	Join the Hub Team for snow cones and popcorn - 11:00 am - 1:00 pm
6/30/25	Voter Registration - 11:00 am - 1:00 pm
7/1/25	Fourth of July Bingo - 11:30 am - 1:00 pm
7/2/25	Ward 8 Hub Closed
7/3/25	Ward 8 Hub Closed - Recovery Group will be held at Highland Dwellings Community Center 662 Atlantic Street SE - 10:00 am - 1:00 pm
7/8/25	Know Your Rights in Obtaining an IEP presented by William Jaffe Esq. - 1:00 pm -2:00 pm
7/17/25	Documentary Series & Lunch - Back to Natural - The shocking truth about hair, politics, and racial identity in Black communities and beyond - 11:30 am - 1:00 pm
8/6/25	Self-defense class facilitated by Black Dragon Martial Arts - 12:00 pm - 1:00 pm
8/13/25	Self-defense class facilitated by Black Dragon Martial Arts - 12:00 pm - 1:00 pm
8/20/25	Self-defense class facilitated by Black Dragon Martial Arts - 12:00 pm - 1:00 pm

## Ongoing Resources

Resource	Info	Contact Info
<ul style="list-style-type: none"> <li><b>Mental Health Services</b></li> </ul>	In person or online individual or family sessions for DC residents. No insurance needed.	eameen@awidercircle.org  (301) 830-7007
<ul style="list-style-type: none"> <li><b>Career Support Services</b></li> </ul>	Career Support staff are at the Hub on Mondays and Wednesdays.	careersupport@awidercircle.org  (301) 608-3504

