

400 Atlantic Street SE (Entrance on Condon Terrace) (202) 891-7894 ward8hub@awidercircle.org

Weekly Programming

MON	TUE	WED	THU	FRI
1:00 PM-Art Therapy-Materials are provided.	11:30 AM - Talk it Out Tuesday- Group Mental Health Session	10:30 AM - Job Cafe 12:00 PM - Wellness Wednesday- Healthy Lifestyle Choices	10:00 AM - Coffee & Conversation 11:00 AM - Highland Recovery Group 12:00 PM - Hand Dance Class	OFFICE CLOSED TO THE PUBLIC

Upcoming Events

Date	Upcoming Events
2/14/25	Valentine's Day Dinner & Dance - 4:00 pm - 7:00 pm - Highland Dwellings Community Center 662 Atlantic Street SE
2/15/25	Unmasking Me Community Mental Health Event - 3:00 pm - 5:00 pm - Call (202) 455-3270 to register. Highland Dwellings Community Center 662 Atlantic Street SE
2/15/25	Black History Month Hip Hop Performance presented by Message in the Music. Food, raffles and more will be provided. Highland Dwellings Community Center 662 Atlantic Street SE.
2/17/25	CLOSED FOR PRESIDENT'S DAY
2/18/25	United Planning Organization Programs and Opportunities Presentation- 12:00 pm - 1:00 pm
2/26/25	Nutrition Workshop and Cooking Demo - presented by Food Jonezi - 12:00 pm - 1:00 pm
3/3/25	Computer Basics - Microsoft Word - 11:00 am - 12:00 pm
3/17/25	Computer Basics - Zoom and Google Meet - 11:00 am - 12:00 pm
4/8/25	Children's Clothing Giveaway - 10:00 am - 2:00 pm

Ongoing Resources

Resource	Info	Contact Info
Mental Health Services	In person or online individual or family sessions for DC residents. No insurance needed.	eameen@awidercircle.org
Career Support Services	Career Support staff are at the Hub on Mondays and Wednesdays.	careersupport@ awidercircle.org (301) 608-3504