

A WIDER CIRCLE'S WARD 8 HUB

400 Atlantic Street SE (Entrance on Condon Terrace) (202) 891-7894
ward8hub@awidercircle.org

Weekly Programming

MON	TUE	WED	THU	FRI
1:00 PM - Art Therapy	11:30 AM - Talk it Out Tuesday-Group Mental Health Session	10:30 AM - Job Cafe 12:00 PM - Wellness Wednesday-Healthy Lifestyle Choices	10:00 AM - Coffee & Conversation 10:00 AM - 2:00 PM - C3 Cares - Blood pressure screening and sexual health education 11:00 AM - Highland Recovery Group 12:00 PM - Hand Dance Class	OFFICE CLOSED TO THE PUBLIC

Upcoming Events

Date	Upcoming Events
4/22/25	Barry Farms Documentary Viewing & Discussion - 11:30 am - 1:00 pm
4/23/25	Planting with Angie - Hands on workshop to learn how to plant fruits and herbs - 12:00 pm - 1:00 pm
4/24/25	HUB CLOSED FOR PROFESSIONAL DEVELOPMENT - Recovery Group will take place at Highland Dwellings Community Center 662 Atlantic Street SE- 10:00 am - 1:00 pm
5/7/25	Pre-Mother's Day Self-Care Workshop presented by Jen Tidwell - 12:00 pm - 1:00 pm.
5/8/25	HUB CLOSED - Recovery Group will take place at Highland Dwellings Community Center 662 Atlantic Street SE- 10:00 am - 1:00 pm
5/14/25	Food Allergy Education & Resources presented by Food Allergy Research & Education (FARE) - 12:00 pm - 1:00 pm
5/17/25	Clothing Giveaway - 10:00 am - 1:00 pm - PLEASE BRING A BAG
6/14/25	Senior Prom ages 40+ - 3:00 pm - 7:00 pm - Highland Dwellings Community Center 662 Atlantic Street SE

Ongoing Resources

Resource	Info	Contact Info
<ul style="list-style-type: none"> Mental Health Services 	In person or online individual or family sessions for DC residents. No insurance needed.	eameen@awidercircle.org (301) 830-7007
<ul style="list-style-type: none"> Career Support Services 	Career Support staff are at the Hub on Mondays and Wednesdays.	careersupport@awidercircle.org (301) 608-3504